

Canoe Action & Adventure Camps RECOMMENDED PERSONAL EQUIPMENT LIST

Participants at Canoe Action Camp or Canoe Adventure Kamp are responsible for bringing all their own gear, food, and supplies for the camp and the float. If you need to borrow gear, please let us know as we typically have gear available but we might not bring it if you don't let us know in advance.

CLOTHING:

- Camp shoes
- Rain jacket or poncho
- Swimsuit & swimming shoes
- Light jacket – fleece, etc.
- Extra clothing as desired - knee-length shorts, long pants, sleeping clothes, socks & underclothes, etc.
- Hat (CAC will receive a camp hat)

FLOAT EQUIPMENT:

- Canoe/Kayak
- Paddles
- Life Jacket
- Lunch box/cooler for lunch on the river

MEALS:

- Food supplies (bring your own)
- Cooking gear

CAMPING GEAR: *each person needs these*

- Tent
- Sleeping bag
- Sleeping pad (optional)
- Bathroom Kit – biodegradable soap, toothbrush & toothpaste, hand sanitizer (small bottle), wet wipes or toilet paper
- Fleece towel & washcloth
- Small personal mess kit - plate, cup, bowl, and silverware
- Sunglasses
- Insect repellent
- Sunscreen
- Flashlight with extra batteries
- Personal First Aid Kit
- Pocket knife or multifunction tool
- Water bottles- about 2 liters total
- Small Bible or New Testament