



Southern Missouri District Royal Rangers
**CANOEING ACTION &
ADVENTURE KAMPS**



Trainee Application

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Church Name & City: _____ Outpost #: _____

Which camp will you be attending? (mark one)

Canoeing ACTION Camp (CAC): Must be a graduate of the 8th grade. Includes a hat, T-shirt, CAC patch, Canoeing merit patch. No meals are provided.**\$35.00**

Canoeing ADVENTURE Kamp (CAK): Must be a graduate of the 5th grade. Adult male leaders may attend as well. No meals are provided.**\$10.00**

T-shirt size for action camp (adult sizes only – circle one): S M L XL 2XL 3XL

Hat size (if known): _____ Last grade in school completed (boys only): _____

- Camp Details for 2024 -

Camp Date: June 20-22, 2025
Start Time: Meet at Ozark AG at 10AM THU, June 20th (or let us know you will meet us there)
Location: To be determined based on river conditions at the time (contact us for details)
Registration Fee: See above
Application Deadline: June 9th for CAC, pre-registration is not required for CAK
Mail this application to: SoMo District Royal Rangers, 528 W Battlefield, Springfield MO 65807
Contact: John Hicks at 417-773-6293 or rangers@somoag.org

You must bring your own canoe or kayak, paddles, and life jacket or make arrangements to borrow or rent equipment as this fee does not include a canoe rental. You must also bring & prepare your own meals or make arrangements to eat with your outpost. All CAC trainees must pre-register before the application deadline shown above. Please make checks payable to "SoMo District Royal Rangers" and refer to the Canoeing Camps Info Handout for additional camp details.

APPROVAL SIGNATURES: *All boys must be approved by their parents and Outpost Coordinator to participate in the camp. All adults (18 yrs of age) must also be approved by their Outpost Coordinator and church to work with boys, which must include a criminal & child abuse background check. Signatures to the right represent these approvals.*

Parent's Signature (boys only)

Outpost Coordinator's Signature (boys & adults)

Pastor's Signature (adults only)

INDIVIDUAL MEDICAL FORM

Name: _____ Church Name & City: _____

To be completed by the applicant and/or physician. Please check all boxes that apply and briefly explain all checked boxes under remarks:

	Lung or breathing problems		Hearing or ear problems
	Allergies		Eye or vision problems
	Asthma		Sinus or nasal problems
			Skin infections
			High blood pressure
			Fainting or dizziness

Are you taking any prescription medications of any kind? If so, please list medication and purpose: _____

Are you allergic to any kind of drugs or medications? If so, please specify: _____

Are you aware of any medical condition that may prevent or limit your involvement in strenuous physical activities? If so, please specify: _____

Remarks and additional notes. Use additional sheets if needed.

Give latest date of inoculation or vaccination against the following:

Tetanus _____ Small Pox _____ Measles _____ Typhoid _____ Diphtheria _____ Polio _____

In the event that hospitalization is needed, please complete the following:

Name of Insured (Policy Holder): _____

Medical/Hospital Insurance Company _____

Policy or certificate number _____

Employer _____ Employers group number _____

MEDICAL RELEASE: In case of emergency, I hereby give permission to the physician or medical personnel at hand to render treatment at his/her discretion. Should it be deemed necessary by a qualified physician, I authorize hospitalization, anesthesia, surgery, or injection of medication.

Parents/Guardian Signature

Date

CANOEING PERSONAL EQUIPMENT LIST

CLOTHING:

- Camp shoes
- Rain jacket or poncho
- Swimsuit & swimming shoes
- Light jacket – fleece, etc.
- Extra clothing as desired - knee-length shorts, long pants, sleeping clothes, socks & underclothes, etc.
- Hat (CAC will receive a camp hat)

FLOAT EQUIPMENT:

- Canoe/Kayak
- Paddles
- Life Jacket
- Lunch box/cooler for lunch on the river

MEALS:

- Food supplies (bring your own)
- Cooking gear

CAMPING GEAR: *each person needs these*

- Tent
- Sleeping bag
- Sleeping pad (optional)
- Bathroom Kit – biodegradable soap, toothbrush & toothpaste, hand sanitizer (small bottle), wet wipes or toilet paper
- Fleece towel & washcloth
- Small personal mess kit - plate, cup, bowl, and silverware
- Sunglasses
- Insect repellent
- Sunscreen
- Flashlight with extra batteries
- Personal First Aid Kit
- Pocket knife or multifunction tool
- Water bottles- about 2 liters total
- Small Bible or New Testament